

Nebraska Department of Health and Human Services  
Every Woman Matters  
Nebraska Colon Cancer Screening Program (NCP)

**Begin Date: January 2006**

## **Recruitment/Distribution of NCP Enrollment Forms**

- All clients enrolled in EWM, who are between the ages of 50 and 64 are eligible to complete the NCP enrollment form and the Health History form.
- Clients will receive the NCP enrollment and health history with the letter from EWM confirming their EWM enrollment when Central Office receives:
  1. a completed EWM Presumptive enrollment
  2. a completed EWM enrollment form from the client
  3. a completed EWM enrollment form from the Outreach Worker
- Those clients previously screened through Every Woman Matters for breast and cervical cancer will receive their NCP enrollment and Health History along with their annual rescreening card.
- Those persons in the same household as an EWM client, over the age of 50, will be eligible to complete the NCP enrollment form and the Health History form.
  1. Enrollment and Health History forms will be included in the information for the EWM client or may be obtained by phoning 1-800-532-2227.
- Enrollment and health history forms will be reviewed by Central Office staff to determine most effective screening test, according to guidelines developed by the EWM Medical Advisory Colon Cancer Screening Subgroup Committee.

Nebraska Department of Health and Human Services  
Every Woman Matters  
Nebraska Colon Cancer Screening Program (NCP)

**Begin Date: January 2006**

**Screening Guidelines**

The following guidelines have been developed by the EWM Medical Advisory Committee.

Upon completion of the Health History, screening tests will be provided as follows:

**Fecal Occult Blood Test Kit (FOBT):**

- Clients over the age of 50 with 0 or 1 1<sup>st</sup> degree relative diagnosed over the age of 60 with colon cancer or colon polyps
- Clients over the age of 50 who have not been screened with FOBT within last 12 months, colonoscopy within last 10 years, sigmoidoscopy or Double Contrast Barium Enema (DCBE) within last 5 years.

**Colonoscopy:**

- Clients over the age of 50 with 1 or more 1<sup>st</sup> degree relatives diagnosed with colon cancer under the age of 60
- 2 or more 1<sup>st</sup> degree relatives over the age of 60 diagnosed with colon cancer
- 1 or more 1<sup>st</sup> degree relatives diagnosed under the age of 50 with colon polyps
- 2 or more 1<sup>st</sup> degree relatives over age 50 with colon polyps
- At 1, 3, and 5 years after a diagnosis of colon or rectal cancer.

**Additional Guidelines:**

- Those clients who have 2 or more 1<sup>st</sup> degree relatives diagnosed with colon cancer under the age of 60 will be referred for hereditary evaluation for colon cancer.
- Those clients who have had a negative FOBT, colonoscopy or sigmoidoscopy, or DCBE within the past 12 months will not be eligible for screening until screening interval has been met.
- Those clients with a previous positive FOBT, sigmoidoscopy, DCBE or colonoscopy, follow up will be according to findings.
- Those clients diagnosed with Crohn's disease, Inflammatory Bowel Disease (IBD), Hereditary Non Polyposis Colorectal Cancer (HNPCC), or Familial Adenomatous Polyposis (FAP) will be referred to primary care physician and offered educational materials.
- Those clients currently having rectal bleeding will be referred to primary care physician and offered educational materials.

Nebraska Department of Health and Human Services  
Every Woman Matters  
Nebraska Colon Cancer Screening Program (NCP)

**Begin Date: January 2006**

**Eligibility and Screening Test Determination**

The following guidelines have been developed by the EWM Medical Advisory Committee. Upon completion and review of the Colon Health History, screening tests will be provided as follows:

**Fecal Occult Blood Test (FOBT) Kit**

Personal History:

- Clients age 50+ who have not been screened with
  - Fecal Occult Blood Test (FOBT) in last 12 months
  - Colonoscopy in last 10 years
  - Sigmoidoscopy in last 5 years
  - Double Contrast Barium Enema (DCBE) within the last 5 years.
- Clients must be asymptomatic

Family History:

- Clients age 50+ with 0 or 1 1<sup>st</sup> degree relative diagnosed over the age of 60 with colon cancer or colon polyps

**\* Newly enrolled clients reporting a positive FOBT within the last 5 years are not eligible for participation in the program until they have received a diagnostic workup outside the program.**

**Colonoscopy**

Personal History:

- Clients over the age of 50 previously diagnosed with Colon or rectal cancer

Family History:

- Clients age 50 + with
  - 1 or more 1<sup>st</sup> degree relatives diagnosed with colon cancer under the age of 60
  - 2 or more 1<sup>st</sup> degree relatives over the age of 60 diagnosed with colon cancer
  - 1 or more 1<sup>st</sup> degree relatives diagnosed under the age of 50 with colon polyps
  - 2 or more 1<sup>st</sup> degree relatives over age 50 with colon polyps

**Education and Referral to Primary Care Physician**

Personal History:

- Clients **under** the age of 50 that complete and submit the Health History Form
- Clients age 50 +
  - Symptomatic with rectal bleeding
  - Previous diagnosis of Crohn's disease
  - Previous diagnosis of Inflammatory Bowel Disease

Family History:

- Clients age 50 + with:
  - 2 or more 1<sup>st</sup> degree relatives diagnosed with colon cancer under the age of 60 will be referred for hereditary evaluation for colon cancer.
  - Hereditary Non Polyposis Colorectal Cancer (HNPCC) or Familial Adenomatous Polyposis (FAP)